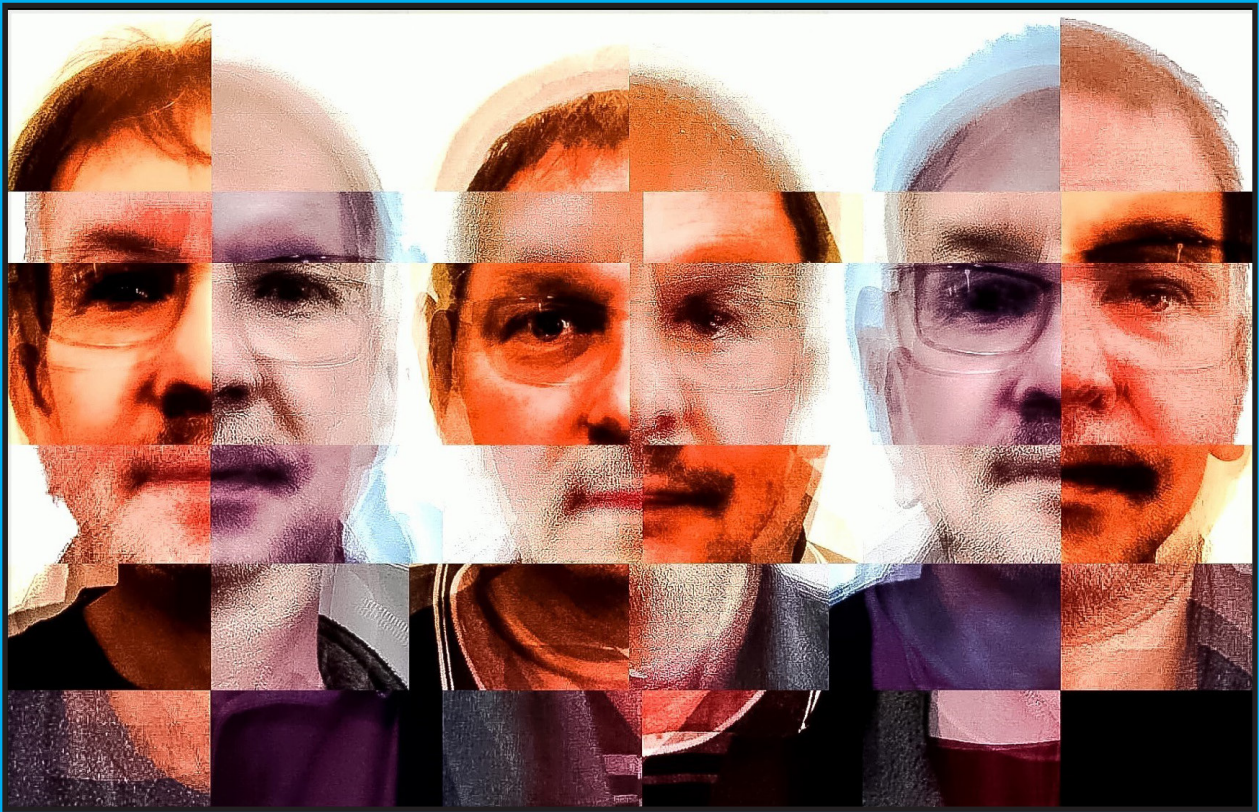


WYTHAM HALL

Annual Report 2015-2016



Breaking the cycle of street homelessness

Title:
'Faces of Wytham Hall'

The front cover image was produced by Andrew Keck.

*Portrait photographs were taken of a number of our residents
who were happy to be involved once the proposed approach to the image was explained.
These images were then layered digitally and the opacity of each varied to generate new faces
that are not those of any specific resident but are in a sense the faces of all of them.*

*Il y a des moments de la vie où une sorte de beauté naît de la multiplicité des ennuis qui nous assaillent ...
A la recherche du temps perdu (1918)*

Marcel Proust

*There are moments in life when a kind of beauty comes from the many troubles that beset us ...
In Search of Lost Time (1918)*

WYTHAM HALL ANNUAL REPORT

1st April 2015 – 31st March 2016

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Wytham Hall is a Charitable Company Limited by Guarantee.

National Lottery
Charities Board
Recipient



■ WYTHAM HALL - An Introduction



Wytham Hall is a charity supervised by a Board of Directors which provides supported accommodation to 25 people with a history of homelessness. Many have been rough sleepers and some so for many years. Our residents live in four properties in north Westminster with individual bedrooms and shared facilities and are supported by a staff team of four people. The project is abstinence-based. We aim to help our residents cope with the change to a housed lifestyle and develop their skills, relationships and confidence. We find that our residents naturally support each other and take an active part in the management of their communities. We make our approach to support as individual as possible to maximise the potential of each person. We also run the Assessment Quality Alliance (AQA) scheme, which brings residents together to learn new skills, for which they receive certification.

We work closely with several organisations in Westminster and have particularly close links to the Great Chapel Street Medical Centre. We are funded through housing benefit, grants from Westminster City Council (Supporting People and Rough Sleepers') and donations.

Wytham Hall has evolved over the years as the needs of those we help and our resources have changed. That evolution is described below. Whilst much has changed,

the underlying principles that recognise the individual and seek ways to engage them in a way that is meaningful to them remain at the heart of what we do.

HISTORY

Wytham Hall was founded in 1984 by a group of doctors and medical students who were keen on exploring the dynamics of interpersonal relationships, particularly in the doctor-patient relationship. It seemed most appropriate to apply these principles to those who, because of their fragility and the precariousness of their circumstances, were most in need – the homeless and the deprived. At that time, Dr El Kabir had, for several years, been running a medical centre for homeless people in Soho. (Great Chapel Street Medical Centre, www.greatchapelst.org.uk.) This seemed an ideal starting point for the project.

A fine house was acquired through the generosity of (what was then) Glaxo plc and Wytham Hall Recovery Unit was opened in 1984 as a unique and innovative project providing residential care to homeless patients with medical and psychiatric illnesses. Later donations and benefactions enabled the purchase of other properties and the expansion of the work.

Wytham Hall's aims were to offer help, space, treatment and respite to those in need of it, and to help them lead a more fulfilling life. It had an extensive educational role, welcoming students from the UK, the USA, Hungary, the Czech Republic, the Slovak Republic, Ukraine, Uzbekistan and Israel. Its members have undertaken research on various aspects of homelessness, resulting in a number of publications.



Dr. David El Kabir

Wytham Hall originally functioned as a recovery unit with fourteen beds and sixteen further beds in move-on accommodation. In 2007 we changed to supported housing with 25 beds in total, enabling us to create small communities for people to run their own lives in these premises. The emphasis has shifted from acute treatment and stabilisation towards the longer-term recovery not only of physical but also psychological health. This has involved a re-evaluation of the way staff and resident members relate to residents. We take pains at our staff meetings to learn from the interactions and to search for the growth points. In this way we aim to enhance the process of evolution and understanding that is part of all our journeys through life and help our residents towards an integration of their personalities. We have, in over 30 years, admitted some 2500 individuals. We try to care for each of them as individuals with specific needs and capacities. We try to give them some of the dignity they need to look after themselves. Needless to say, we have not always succeeded. However, most of



Dr. Philip Reid Director

them have been able to gain some benefit from us. Some have indeed managed to reconstitute their lives.

(Great Chapel Street's Annual Report available on request)

■ BOARD OF TRUSTEES

Dr David El Kabir, M.B.E., M.A., D.M. (Oxon), M.B., B.Chir. (Cantab), F.R.C.G.P.
Principal of Wytham Hall

Peter Barry, MBA (Cass), FCCA, Dip.M, MBCS., FloD
Finance Director, Meiko UK Limited. (Chairman)

Professor Sir Brian Jarman, O.B.E., M.A. (Cantab), Ph.D., M.B., B.S. (London), F.R.C.P.,
F.R.C.G.P., F.F.P.H., F.Med.Sci.
Emeritus Professor, Imperial College, Faculty of Medicine

Dr Richard Lancaster, M.B., B.Chir. (Cantab), Ph.D (London), F.R.C.P.
Consultant Physician, Emeritus, St Mary's Hospital (Resigned as a Trustee in March 2016)

Dr Philip Reid, B.A. (Oxon), M.B., B.S. (Lond), M.R.C.P., M.R.C.G.P., D.R.C.O.G., General
Practitioner, (Vice-Principal)

Dr David Alexander Sturgeon, MA., BM., BCh., FRCPsych Consultant Psychiatrist at the UCL
Psychological Therapies Service; formerly Consultant Liaison Psychiatrist at UCL Hospitals.
(Vice-Chairman)

Dr Philip Joseph, B.Sc., M.D. (Lond), F.R.C.Psych.
Senior Lecturer & Honorary Consultant in Forensic Psychiatry, St Mary's Hospital, London;
Honorary Senior Lecturer in Forensic Psychiatry, Institute of Psychiatry, London

Lady Reid (Jane Reid) MA Oxon, MA Cape Town

Edward Fox, O.B.E

Company Secretary:

Dr Philip Reid, B.A. (Oxon), M.B., B.S. (Lond), M.R.C.P., M.R.C.G.P., D.R.C.O.G., General
Practitioner, (Vice-Principal)

■ PATRONS

Theodore Zeldin, C.B.E., F.B.A., F.R.S.L., F.R.HisC.S., M.A., D.Phil. (Oxon)

David Shaw, C.B.E., F.R.C.P. (Lond), F.R.C.P. Edin), Hon. F.C.S.T.

Terry Bamford, O.B.E., M.A. (Oxon), Dip. Soc. Admin

Solicitors: Dibb Lupton Alsop, 125 London Wall, London EC2Y 5AE

Auditors: Alliotts, Imperial House, 15 Kingsway, London, WC2B 6UN

Bankers: HSBC, 196 Oxford Street, London W1A 1EZ

■ MEMBERS OF WYTHAM HALL

■ RESIDENT MEMBERS

Dr David El Kabir, M.B.E., M.A., D.M. (Oxon), M.B., B.Chir. (Cantab), F.R.C.G.P. (Principal)

Dr Philip Reid, B.A. (Oxon), M.B., B.S. (Lond), M.R.C.P., M.R.C.G.P., D.R.C.O.G., General Practitioner, (Vice-Principal)

■ NON-RESIDENT MEMBERS

Major (Retd) Bradley Redford RAMC
Manager

Bridget McCarthy, Cert. Therapeutic Counselling
Service Leader

Andrew Keck, B.A. Hons.,
Supported Housing Worker

Stephen Tufnell B.Sc,MA.,
Supported Housing Worker

Dr Nadezda Horakova, M.D. (Prague), GP Trainee, Cambridge scheme

Dr Petr Valasek, M.D., Ph.D (Prague), Reader in Anatomy at First Medical Faculty, Charles University, Prague, General Practitioner

Danylo Yershov, M.D. (Prague) Junior Doctor, Kladno Hospital, Kladno, Czech Republic

■ VISITING MEMBERS

Dr Desiree El-Kabir MA, MBBChir, MD (Lond), MRCP (Lond). Speciality Doctor, Sue Ryder Hospice, Nettlebed and Medical Member, First Tier Tribunal (Social Entitlement Chamber)

Jeremy El Kabir, M.B.,B.S. (Lond), F.R.C.S. F.R.C.S.(Urol)
Consultant Urological Surgeon, Northwick Park Hospital; Honorary Consultant Surgeon, St. Mark's Hospital, Honorary Senior Lecturer in Surgery, Imperial College

Dr Daniel Lasserson MA, MBBS (Hons), MD (Cantab), MRCP (UK), MRCPE, MRCPGP.
Associate Professor, Department of Primary Care Health Sciences, University of Oxford

George Osborne, F.C.C.A. Accountant

■ Chairman's Report

Wytham Hall continues to be financially sound with the continued grant from Westminster Council for Supporting People and Rough Sleepers and occupancy rates averaging 94% for the year.

However we are always mindful that Wytham Hall is not meant for long stay residents but as a place for the homeless to take stock of their lives and the space to regain dignity and purpose in their life. Move-on from Wytham Hall to more independent living has always been challenging because of the limited supply of suitable, affordable accommodation, difficulties finding rent deposits and poor credit histories that some of our residents have. Our staff have worked hard to network with other organisations as well as using the resources of the Westminster Council Rough Sleepers team to improve the next step for our residents when they leave Wytham Hall. During the last year 20% of our residents moved on from Wytham Hall, of this 83% were classed as positive outcomes.

The AQA project continues to grow and expand. One such area of expansion is the fact that some residents are now now teaching, adding a new dimension to the personal development of the residents. More residents are now involved with an increasing range of topics studied along with the possibility of sharing resources with day centres. Some of the work is shown in this report while other work, including videos and presentations by residents, has been presented at our successful Open Day in July 2015. We are also proud that some residents have managed to get back into paid employment or are studying hard with a view to that in the longer term. This has all contributed to a positive feeling amongst the residents that they can improve their lives.

We continue to regularly maintain the four properties run by Wytham Hall to a high standard so as to provide an attractive and safe environment.

We also have first year medical students from University College Hospital visiting Wytham Hall for a day as part of their Homeless and Health module.

Trustee board changes in the year: Peter Barry was elected Chairman (Sept 2015), Gideon Dabby-Joory resigned (Nov 2015) and Dr Richard Lancaster resigned March 2016. We are grateful for their dedication and work for Wytham Hall.

We are also grateful to our benefactors for their support in the year and last but not least our devoted, experienced and hard-working staff who support the residents and run the organisation on a day-to-day basis with such good humour and care.

Peter Barry

■ Manager's Message

Another busy year has passed in which Wytham Hall has continued to help provide temporary supported housing to people who need it. Our staff and residents have managed to maintain a sense of humour and the buildings have not fallen over.

During the year a number of things have happened that have re-enforced my faith in human nature, namely, a local church carried out a fund raising event that collected well over two thousand pounds, two residents have managed to find employment including one who has been awarded a degree and a number of residents have moved on to private rented accommodation – well done everyone who has been involved.



Brad and Craig

We have increased resident involvement by utilising the Assessment and Qualifications Alliance (AQA) scheme and we have helped develop potential in a number of areas including computing, self-confidence and literacy. This was showcased when a number of residents planned, created and delivered a very successful open day that attracted a number of guests and former residents. The day went well though it was not as hot as the previous year and our commissioners/funders were suitably impressed – ‘The Jewel in the Crown’ of Westminster’s supported housing was later mentioned. We continue our links with Great Chapel Street Medical Centre and a number of residents are patients there, the important link between both establishments should not be under-estimated.

My time as the Manager of both Wytham Hall and Great Chapel Street Medical Centre is coming to an end and I will look back with fond memories of the successes and not so fond memories of our failures – I often think what else I could have done.....

The single most successful transformation I have witnessed is that of Craig, a resident that we were reluctant to accept but after a deal of deliberation and time and effort – I can honestly say, he has been a bright shining light, who, through sheer determination and perseverance has succeeded where many have failed. Craig is about to move on to private rented accommodation with floating support. He is welcome to return to Wytham Hall and help run AQA classes alongside the team.

Lastly, I must place on record my sincere thanks to the trustees, staff and residents for not only accepting me as part of the team, but for making me feel most welcome and for guiding me when I have needed guidance.

Bradley Redford

■ SUPPORTED HOUSING REPORT

Wytham Hall provides supported housing for 25 residents over four properties. Our Lanhill Road property houses eight residents, our Charfield Court property eight (in two flats) and Sutherland Avenue property nine. Twenty of these beds are funded by Westminster City Council i.e. 'Supporting People' and 'Rough Sleepers' contracts. The rent for these properties is funded primarily by the residents' Housing Benefit. In addition the residents also pay Wytham Hall a weekly service charge which covers Council Tax and all utilities.

We offer an abstinence based service to homeless people in need of our support, on the understanding that they are committed to remaining abstinent from alcohol and non-prescriptive drugs (on and off the premises) for the period of time that they live at Wytham Hall.

On admission all residents are allocated a keyworker and ongoing support is tailored to the individual's needs. Their progress is reviewed on an ongoing basis through quarterly reviews, risk assessments and needs assessments.

Staff meet regularly with their residents on a formal basis; however we are always conscious that this does not suit everyone. In such cases keyworkers will go out with their client perhaps for a walk in the park or coffee and spend time chatting with them. This can often prove far more productive.

Wytham Hall residents are very much involved in how their home is run (it is their home). They take pride in keeping their accommodation clean and tidy. Monthly house meetings are held, giving all of them the opportunity to express their opinions on house matters.

In the grand scheme of supported housing providers Wytham Hall is a relatively small organisation. However this often works to our advantage, especially in relation to our admissions. A number of the residents that we have admitted over the years have been willing

to take up the offer of our accommodation where they have refused other offers in much larger organisations. We aim to offer a warm and safe environment, a place that our residents can call home. It was once said to me by a previous resident after he had spent a few days at Wytham Hall "I think I have died and gone to heaven".

What does the future hold from Wytham Hall? We have no great plans to change anything for the coming year. As the saying goes "If it ain't broke, don't fix it". Our aim is to continue working with homeless people, giving them a place that they can call home even if this is only for a short time, and to remain open to new ideas and ways that we can develop our service for the wellbeing of our residents.

Bridget McCarthy, Service Leader

■ CONTRIBUTIONS FROM OUR RESIDENTS

1. I have been living at Wytham Hall for almost two years.

I had become homeless, after working for many years, and had lots of problems with my physical health.

Wytham Hall has allowed me the time, and given me the support I required (and require), to conquer my weaknesses.

I have received a lot of support from the staff and also from other residents (you know who you are) who have carried out shopping trips for me when I have not been able to do them myself.

I am looking forward to the future.

2. After leaving Weston Super Mare where I was in a rehabilitation Centre for drugs and alcohol, I returned to London but still felt that I needed ongoing support with my recovery and a place to live. I was being supported by Westminster Drugs Project (WDP) where upon I was referred to Wytham Hall which could provide me with residential care and support in order for me to continue with my recovery.

The no drinks and drugs policy was exactly what I needed in abstaining from taking substances. Not only was Wytham Hall a great place to continue my recovery, it also gave me the stability that I needed in order to complete my degree at University. With the help and support from the staff I gradually became more confident in myself and became more proactive which resulted in me gaining part time employment whilst attending University.

The greatest thing about residing at Wytham Hall was that the staff were always very understanding and supportive of my needs and because of this I have now successfully completed my University degree and have now obtained full time employment after graduating.

I am so grateful to all the staff at Wytham Hall for their help and support and giving me the opportunity to fulfil my goals and ambitions.

My future looks bright. Thank you Wytham Hall.

3. I became a resident at Wytham Hall in August 2015. My previous lifestyle led me to rehab and homelessness. Although appreciative of the lessons I learned during my residential, I was resistant of being at another place full of rules. My first task at Wytham Hall was to sit down with my keyworker and evaluate the areas of my life that I still had to work on. We set a plan in place where I was able to maintain structure and set short term and long term goals.

It wasn't all straightforward though, I had difficulties settling in at first. I had to overcome a few issues. I told myself things were worse than they actually were. However, gradually I began to play a bigger part in the house. I started to take responsibility by actively participating in house meetings to benefit my stay. I have built good relationships with my fellow residents.

Through the changes I made I was able to go back to college, where I completed some short courses. I have engaged with counselling including six weeks of CBT. I also began voluntary work in a charity shop where I was able to develop my communications skills with customers and team work skills. I have just begun a new three days per week course on business skills, which will ready me for the working environment upon completion. With the assistance of Wytham Hall I have learned a lot about myself and learned to trust myself again. I am also continuously strengthening the relationships I have with my family and others close to me.

4. Since coming to Wytham Hall I have had time and space to think about where I am in my life and where I am heading. I have used this time to begin to get back on my feet. I have met new people and begun to develop new relationships by attending workshops and trips provided by Wytham Hall.

I have also received support for my health problems which have helped me settle, and practical things such as form filling. During the rest of my stay at Wytham Hall, I hope to improve my independent living skills and increase my involvement in various activities to help me into volunteering and work.

5. Since coming to Wytham Hall my life has improved. I have returned to physical health which had played a big part in me losing a job I had before coming to Wytham Hall. I have also been supported by Groundswell to attend health appointments. A period of time to focus on my health and get the support I needed meant I had the confidence to think about my future.

I lost my wife a few years ago and was struggling to come to terms with this, but I have had time to think things through. Some difficult feelings remain but I am learning how to cope with these. I have learned to live with others again which was not easy after a period on the streets. I feel the skills I have learned have prepared me well for the future.



Howard-Sherwood.co.uk

■ CONTRIBUTIONS FROM EX-RESIDENTS

1. I moved on from Wytham Hall at the end of 2015 after many years living at Sutherland Avenue.

Move on was really difficult as I was moving into an empty flat (bare floorboards, no curtains). Good advice saw me through and slowly it became home, although 11 months later I still don't have a fridge.

I have struggled, but life has moved forwards.

I have directed my frustrations into my painting and I am now self-employed as an artist. With lots of support and guidance I plan to sell my work via exhibitions, commissions and market stalls.

I enjoyed my time at Wytham Hall. I felt very safe and this is why people like living here. You rely on it.

2. I came out of treatment for alcohol and drug addiction and I got put in Wytham Hall and from there I just learn how to be independent again and to focus on my recovery. Sobriety became the most important thing in my life, it came first because without my sobriety my life is just unmanageable. I started getting used to living independently with the help of Wytham Hall. I got a key worker who I had one-to-one sessions with, I could tell him if I was struggling with anything in particular and he would help me, a shoulder to lean on. After failing and relapsing so many times I decided to give AA a try - it was the last port of call really and it worked. I started going to AA meetings on the suggestion of Wytham Hall, at first I just listened and hearing other people's stories really helped. I got told to just sit, listen and learn and keep coming back. After about 8 months I asked someone to sponsor me and we started working the 12 steps which gave me a good chance to look at myself, my past, my behaviour and my failings. I took responsibility for my actions and the desire to drink and use left me.

I am now 29 months sober.

I was in Wytham Hall for 8 months before I got my own flat - which they helped me get. Since getting my flat I have worked on building foundations for my new life and really put in the effort to be of service to others (which is something AA taught me to do). Now, I have so much in my life - my daughter is now back in my life which I thought was never going to happen. I am really proud of the relationship I have with her. She drives me mental but I love her!

I live my life on a day by day basis only, I keep everything as simple as possible and avoid dramas which my old life was full of.

I am really grateful to Wytham Hall for giving me the opportunity to get my life back.

Now I do a lot of voluntary work which I am really proud of.

■ RESIDENT INVOLVEMENT

Wytham Hall continued to provide a strong resident programme over the last year. The programme enables residents to learn new skills, widen their choices in life and promote social skills. The programme is supported by use of The AQA Unit Award Scheme. This scheme gives residents, who may not otherwise receive external recognition of their achievements, the opportunity to receive formal, external certification of their success. This leads to more motivated residents and provides a stepping stone to education, work, move on and independent living.



The Units cover a wide range of topics and when successfully completed a Unit Award Statement (Certificate) is issued. At the Wytham Hall open day this year the latest batch of certificates were presented to residents by Lady Jane Reid, one of the Wytham Hall Trustees.

The Programme

The AQA Unit Award Scheme (UAS) lends itself to a number of user involvement platforms including workshops, group discussions, projects, activities and trips. The aim of the activities is to bring residents together socially in a relaxed atmosphere but also to focus on various topics and themes.

These activities are designed to be a non-directive way of discussing ideas and subjects that people enjoy. They are run as closely as possible to ideas residents come up with and indeed a future goal is for residents to organise and run some of the workshops.

An Overview of the Year

During the last year we have extended the programme to include cooking skills workshops, workshops based on communication and creative thinking, and video production.

Photography, Video, Film and Music

Residents took part in a number of workshops looking at using film and photography in creative art. Different styles of short video and photography were shown and discussed including the use of black and white, photography as part of video and the use of silence. This led to the development of a video produced by the residents that reflected some of the styles discussed.



The video was produced using various pieces of information technology presented in previous workshops.

The residents also took part in workshops focusing on the role of music in film and the emotion the music can evoke. A number of films were also discussed in terms of the messages they give.

Creative Art

Residents attended a number of creative art workshops which focused on using various art materials such as clay, paints, and chalk and various styles such as collage and silhouette. One of these workshops was hosted by a resident in the first of a number of workshops to be resident run.

On the theme of art, some of the residents attended various trips to see art pieces from all over the world ranging from historical to modern, and including a trip to Tate Modern.



Communication/Problem Solving

A number of workshops were run with the aim of improving resident communication and team working skills. The workshops included solving problems such as how to hold up heavy weights using paper alone and lateral thinking tasks. The aim of the workshops was to give residents confidence in the way they communicate with other and how they approach difficult tasks in their lives.

Budgeting

A number of workshops were run to help residents budget their money, to help them plan for their futures and to discuss savings.

Cooking and Nutrition

The provision was extended to include further sessions which focused on how to cook nutritious meals within a small budget. The aim was to build confidence and extend the use of healthy ingredients with the resident's diet.

Next Year

During the next year the programme will be more diverse and include workshops on creative thinking, innovative art groups, video art and resident run workshops. We hope to extend the film and music groups, run regular trips and provide coffee and quiz socials. This is in response to resident feedback regarding the workshops they would like to see and how people engage.

A further aim is to widen the provision by linking up with other organisations who provide similar services. This would help the exchange of ideas and services.

Stephen Tufnell

■ **BENEFACTORS OF WYTHAM HALL**

We would like to thank the following organizations and individuals, as well as those that wish to remain anonymous, for their kind donations and gifts.

FINANCIAL YEAR 2015 – 2016

Trusts and Statutory Bodies:

The Sidbury Trust
St John's Hyde Park

Individuals:

Mr. and Mrs. E. Jupp
Mr. & Mrs. Derx
Ms. S. Wilson
Mrs. A. Hougie
Dr. D. El Kabir
Dr. P. Reid
C. Tubb
Mr. S. Reid
Mr. D. J. Reid
Erica Glew

Patrons:

Theodore Zeldin CBE FBA FRSL FRHisCS MA DPhil (Oxon)
David Shaw CBE FRCP (Lond) FRCP Edin) Hon FCST
Terry Bamford OBE MA (Oxon) Dip Soc Admin

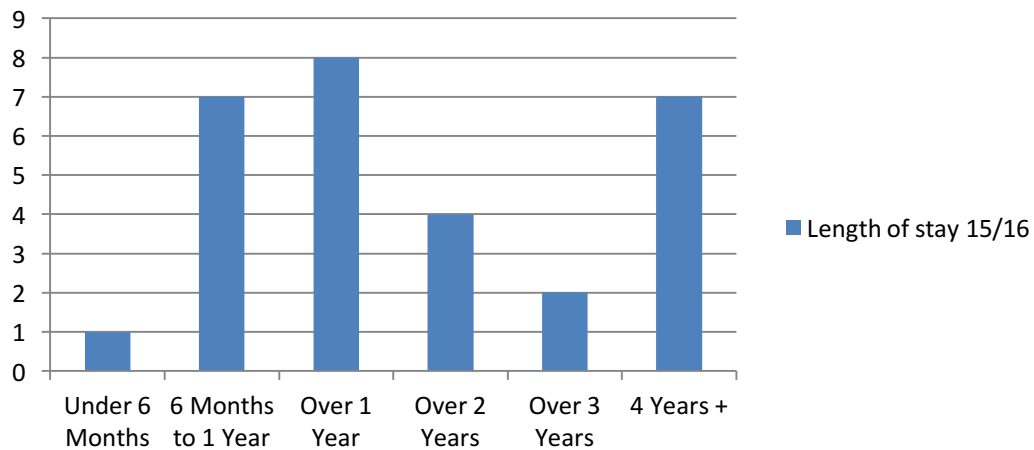
We would also like to thank the following organizations with whom we regularly cooperate:

CIT Photocopiers; Andrews Computers; North Westminster Assessment and Brief Treatment Team; Support 4 Volunteering; Atis Real Weatheralls Surveyors; Groundswell; St Mungo's Clearing House Team; EASL.
The Benefits Agency; St Mungo's Broadway; Browns Chemist; Citizens Advice Bureau; Chubb; The Connection at St. Martin's; E K Mechanicals; Eurogard; Great Chapel Street Medical Centre; Homeless Persons Unit Westminster; House of St Barnabas; Joint Homelessness Team; Kensington & Chelsea Primary Care Trust; Central London Law Centre; MAC Electrical Services; The Metropolitan Police and Safer Neighborhood; The Passage Day Centre; St Mary's Hospital; The Rough Sleeping Team; Hope World Wide; Salvation Army; Supporting People; Turning Point; WAMH; Waterview Centre; West End CMHT; Westminster Drug & Alcohol Project; Westminster Housing Benefit; Westminster Adult Education Service; Woodfield Road Health Centre;

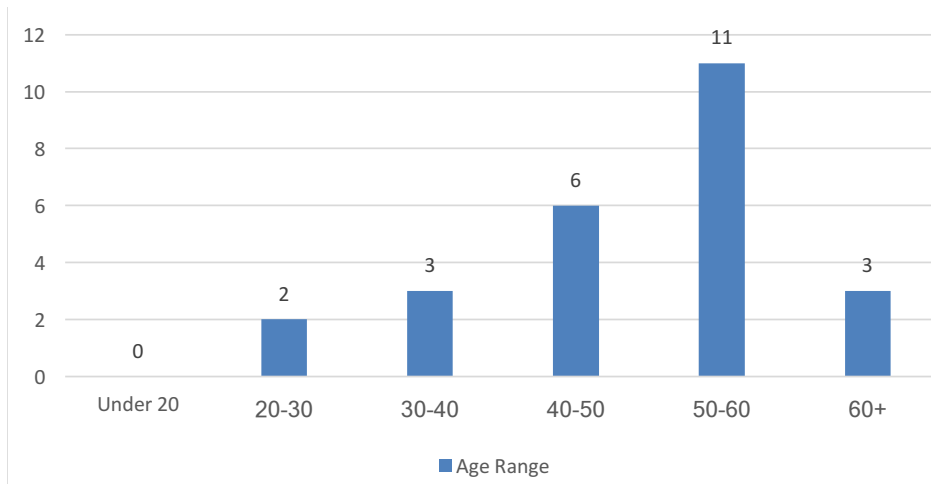
■ STATISTICS ON ADMISSION TO WYTHAM HALL

April 2010 to March 2015	2010-11	2011-12	2012-13	2013-14	2014-15	2015-16
Total Number of residents	28	33	35	38	32	29
Male	28	31	30	35	30	28
Female	0	2	5	3	2	1
Average Age at end of Period (Yrs)	41.6	42.6	43.4	44.6	49.31	51.8
Average length of stay (years)	2.8	2.6	2.3	2.6	3.05	3.6
Overall Occupancy	95%	92%	94%	92.8%	96.2%	94.3

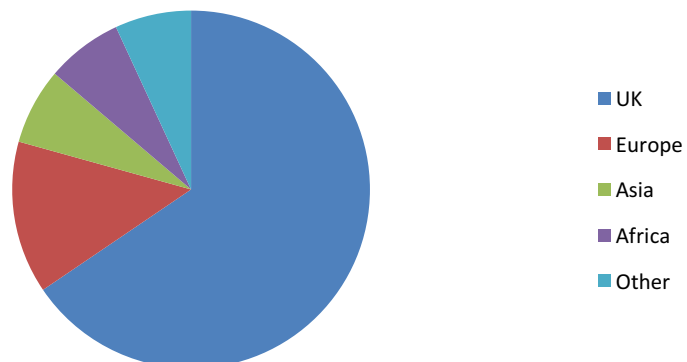
LENGTH OF STAY 2015-16



AGE RANGE 2015-16



ETHNICITY 2015-16



STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an income and expenditure account)
for the year ended 31 March 2016

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2016 £	Total 2015 £
<u>Income and endowments from:</u>						
Donations and legacies	2	11,431	-	-	11,431	3,885
Investments	3	(2,339)	-	-	(2,339)	7,915
		9,092	-	-	9,092	11,800
Charitable activities	4	283,136	-	-	283,136	274,977
Total income		292,228	-	-	292,228	286,777
<u>Expenditure on:</u>						
Raising funds	6	138	-	-	138	627
Charitable activities		193,006	63,072	22,539	278,617	252,971
Total expenditure		193,144	63,072	22,539	278,755	264,540
Net incoming/(outgoing) resources before transfers		99,084	(63,072)	(22,539)	13,473	22,237
Gross transfers between funds		(57,048)	57,048	-	-	-
Net movement in funds		42,036	(6,024)	(22,539)	13,473	22,237
Fund balances at 1 April 2015		349,823	25,394	585,852	961,069	938,832
Fund balances at 31 March 2016		391,859	19,370	563,313	974,542	961,069

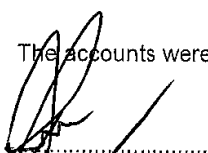
The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

BALANCE SHEET

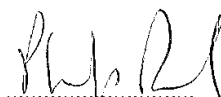
at 31 March 2016

	Notes	2016		2015	
		£	£	£	£
Fixed assets					
Tangible assets	11		578,392		606,955
Current assets					
Debtors	12	3,178		8,360	
Cash at bank and in hand		402,777		354,570	
		<u>405,955</u>		<u>362,930</u>	
Creditors: amounts falling due within one year	13	<u>(9,805)</u>		<u>(8,816)</u>	
Net current assets			<u>396,150</u>		<u>354,114</u>
Total assets less current liabilities			<u>974,542</u>		<u>961,069</u>
Income funds					
Restricted funds	14		563,313		585,852
Unrestricted funds:					
Designated funds	15		19,370		25,394
Other charitable funds			391,859		349,823
			<u>974,542</u>		<u>961,069</u>

The accounts were approved by the Board on20/06/16



P Barry MBA (Cass), FCCA, Dip.M, MBCS, FtoD
Chairman



Dr P Reid BA, MB, BS, MRCP, DRCOG
Secretary

Company Registration No. 1777775

■ WYTHAM HALL BARBECUE

Wytham Hall held its annual Barbecue/Open Day on the 1st July 2015 on what turned out to be the hottest day of the year.

The majority of our residents attended, indeed a number were there all day, helping us to prepare and staying to clear up at the end. We also had visitors from Mungo's Broadway, the Connection at St Martin's, Supporting People, The Passage Day Centre and staff from Great Chapel Street Medical Centre.

A significant part of the day was the AQA award ceremony. This included a film produced by the residents and staff about AQA activities that had taken place during the year. In addition one of our Trustees, Lady Jane Reid, presented a number of residents with their AQA certificates, which represented formal external certification of their success.

It was a relaxed and enjoyable day where residents and visitors alike mingled, chatted and ate.

■ STUDENT EXPERIENCE AT WYTHAM HALL

Ever since its inception Wytham Hall has sought to provide opportunities for training, education and experience for students, predominantly medical students. We currently provide a half day visit for medical students from University College Hospital in their Homelessness and Health module to see Wytham Hall, understand its role and to meet some of the residents, giving the opportunity to understand their background and experiences, particularly of homelessness.

Feedback from the students has included the following reports, which illustrates the value of showing students what we do and the people we help at an early stage in their training: 'We met two people with very different experiences and causes behind their homelessness, and it was really great to hear their stories and have the opportunity to ask questions. As this was one of our later placements in the module, we had already explored quite a lot of the themes behind homelessness and health/illness, but this placement gave us the opportunity to explore in more detail personal stories of how mental illness had contributed to homelessness.'

'They both had fascinating lives to share with us and it was also really interesting to see how our interactions differed with the two men.'

'I had never been to a homeless shelter or a rehab centre so it was a great new experience going to one which combines both! I was able to talk to two different residents with different ways they became homeless. One tried to commit suicide and personally, to my awareness, I have never had a deep and long conversation with anyone who has tried to commit suicide but I know that as a doctor I will have to have excellent emotional intelligence when it comes to clinical practice, as some people may come to the hospital due to trying to commit suicide and a doctor needs to handle this sensitive issue appropriately. Therefore I believe that this visit gave me invaluable experience that is very hard to attain at such an early stage in my medical career.'

■ PUBLICATIONS ON HOMELESSNESS

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terms of human resources
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A psychiatric bail bed in a residential sick bay:
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On creating a culture of care for the homeless
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Primary care of the single homeless
Homelessness and Mental Health
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Press. 1996
Dr D El Kabir & Dr S Ramsden

*Copies of all papers and articles are available
on request.*

MAKING A REFERRAL

Contact: Project Workers to make an initial referral
Tel: 020-7289 1978

We provide support and housing for people with a history of homelessness in Westminster, who are not actively using alcohol or drugs. Support may include counselling, educational courses, but also simply living in a more settled way with the support of staff and other residents.

Not for long term housing alone.

www.wythamhall.co.uk

Where to find us

